

ABSTRACT OF THE DISCLOSURE

In an optical disc apparatus of the three-beam type, recording and/or reproduction are performed on an optical disc by: irradiating a groove with a main beam; irradiating 5 a first land where address information of the groove is recorded, in front of the main beam with a first side beam; and irradiating a second land where address information adjacent to the groove is recorded, in rear of the main beam with a second side beam.. The optical disc apparatus 10 has: an LLP extracting section 18 which extracts an LLP signal from reflected light of the first side beam that irradiates the first land in front of the main beam; and an MPU 20 which calculates the address information on the basis of the extracted LLP signal, thereby pre-reading the 15 address information.